From East (Galleria/Downtown)

1. Take Interstate 10 West (Katy Freeway)
2. Exit Beltway 8/Frontage Road (Exit 756A)
3. Make a U-Turn under 1-10W/Katy Freeway
4. Quickly merge to your right
5. Take the second right onto Town and Country Lane (You will see a Mattresses for Less, and Antony’s Sub Shop)
6. Straight ahead is the Lifetime Athletic/CITYCENTRE Parking garage.

7. Keep right when entering the parking garage.
8. We have three reserved spaces on the second row of the first floor, numbers 3077, 3078 and 3079. Please call our office if all spaces are taken.
9. You will exit the parking garage going toward CITYCENTRE (traveling on foot, West)
10. Stay on the left-hand side of the street, under the covered walkway.
11. When you approach the back of the building, take a left, and pass the security office.

12. Our buildings lobby doors are the last set on the right.
13. We are in suite 410 on the fourth floor of CITYCENTRE ONE.
From West (Katy/San Antonio)

1. Take Interstate 10 East (Katy Freeway)
2. Exit Wilcrest/Beltway 8 Frontage Road
3. Stay on the I-10 Feeder, through the Wilcrest Light
4. Continue under Beltway 8 and keep right
5. Take the second right onto Town and Country Lane (You will see a Matresses for Less, and Antony’s Sub Shop)
6. Straight ahead is the Lifetime Athletic/CITYCENTRE Parking garage.
7. Keep right when entering the parking garage.
8. We have three reserved spaces on the second row of the first floor, numbers 3077, 3078 and 3079.
   Please call our office if all spaces are currently taken.
9. You will exit the parking garage going toward CITYCENTRE (traveling on foot, West)
10. Stay on the left-hand side of the street, under the covered walkway.
11. When you approach the back of the building, take a left, and pass the security office.
12. Our buildings lobby doors are the last set on the right.
13. We are in suite 410 on the fourth floor of CITYCENTRE ONE.
From North (Woodlands/Dallas)

1. Take Interstate 45 South
2. Go West on N Beltway 8 (Sam Houston Pkwy)
3. Exit Westview/Memorial
4. Go under I-10 West (Katy Freeway)
5. Turn left onto the I-10 East Feeder Road
6. Take the second right onto Town and Country Lane (You will see a Matresses for Less, and Antony’s Sub Shop)
7. Straight ahead is the Lifetime Athletic/CITYCENTRE Parking garage.
8. Keep right when entering the parking garage.
9. We have three reserved spaces on the second row of the first floor, numbers 3077, 3078 and 3079. Please call our office if all spaces are currently occupied; 281-822-8800
10. You will exit the parking garage going toward CITYCENTRE (traveling on foot, West)
11. Stay on the left-hand side of the street, under the covered walkway.
12. When you approach the back of the building, take a left, and pass the security office.
13. Our buildings lobby doors are the last set on the right.
14. We are in suite 410 on the fourth floor of CITYCENTRE ONE.
From South (Pearland/Freeport)
1. Take West Beltway 8 North
2. Take Memorial/Kimberley Exit
3. Stay straight on the feeder road past Memorial Drive
5. Turn right onto Queensbury Lane
6. Turn left onto Town and Country Blvd
7. At your second stop sign (Plaza Way), take a right
8. Directly ahead you will see the CITYCENTRE Parking garage
9. We have three reserved spaces on the second row of the first floor, numbers 3077, 3078 and 3079.
Please call our office if all spaces are currently occupied; 281-822-8800
10. Stay on the left-hand side of the street, under the covered walkway.
11. When you approach the back of the building, take a left, and pass the security office.
12. Our buildings lobby doors are the last set on the right.
13. We are in suite 410 on the fourth floor of CITYCENTRE ONE.